

NutriDyn®

Fruits & Greens

Daily drink with the antioxidant power of 20+ servings of fruits and vegetables.*

Contains proprietary blends of superfoods, fiber, and key digestive enzymes.*

Fruits & Greens Supplementation

The ingredients in NutriDyn Fruits & Greens serve to support overall health and longevity in a variety of ways. The main benefits include:

- Supports healthy GI tract function and digestion*
- Supports healthy hormonal balance, lipid profiles, energy levels, and immune system function*
- Antioxidant capacity of over 20 servings of whole fruits and vegetables in just one serving*
- Contains proprietary blends of superfoods, probiotics, fiber, and key digestive enzymes
- Supports energy production and vitality*
- Naturally alkalizes the body*
- Supports healthy nutrient digestion and gastrointestinal function*
- Sweetened with monk fruit*
- Comes in three delicious flavors: Blackberry Tangerine, Chocolate, and Strawberry Kiwi



How Fruits & Greens Works

Plant-Based Micronutrients

Micronutrients, as opposed to macronutrients, are nutrients that living beings require in relatively small quantities for proper health and function. These include vitamins, minerals, and polyphenols (all of which may serve antioxidant roles in the body).

Our fruit and vegetable concentrates provide essential vitamins, minerals, and polyphenols to support the immune system against everyday free radical bombardment.*

NutriDyn Fruits & Greens derives its vitamins, minerals, polyphenols, and other antioxidants exclusively from nutrient-packed whole food concentrates to encourage efficient absorption and utilization by the body.* We also made sure to omit key allergens, preservatives, and stimulants, which can all wreak havoc on susceptible individuals.

For more information, visit: www.nutridyn.com

How Fruits & Greens Works Continued

Fiber, Prebiotics, and Digestive Enzymes

Our proprietary Fiber Blend acts as a prebiotic by stimulating the growth of healthy gastrointestinal (GI) bacteria. They're also low-calorie and have been shown to support healthy lipid levels, blood sugar, and digestion.*

NutriDyn Fruits & Greens contains beneficial fibers that act as prebiotics to nourish your GI tract and provide sustained energy throughout the day. We also made sure to include essential enzymes to support the absorption and digestion of nutrients from foods.*

Probiotic Blend

The human GI tract contains nearly three pounds of bacteria—comprised of 1000 or more different species—and a medley of enzymes that help us digest and absorb nutrients from food. A healthy GI tract is crucial for proper endocrine function, immune system support, and body weight regulation. Moreover, healthy GI tract microbes act as a barrier against undesirable microbes and promote the absorption of vital nutrients from food.*

NutriDyn Fruits & Greens' potent 4-strain blend of probiotics is formulated to promote the growth of healthy bacteria in the GI tract.*

NutriDyn Fruits & Greens is a premium nutrient-rich dietary supplement that provides powerful antioxidant capacity, satiety, lasting energy, and support for a healthy digestive system.* Better yet, it mixes easily in liquid or food and is sure to satisfy your appetite!

Formulating a true "superfood" product requires a deep understanding of the biological processes that drive our health, longevity, and well-being. Fortunately, we've done the work, so you don't have to.

Supplement Facts

BLACKBERRY TANGERINE

Serving Size: About 1 Scoop (10.11 g)

Servings Per Container: About 30

	Amount Per Serving	%DV*		Amount Per Serving	%DV*
Calories	35		Digestive Enzyme and Probiotic Blend	2.4 g	**
Total Carbohydrate	9 g	3%*	Fructooligosaccharides, <i>Lactobacillus acidophilus</i> , Protease, Amylase, Lipase, Cellulase, Lactase, Papain, <i>Lactobacillus casei</i> , <i>Lactobacillus rhamnosus</i> , <i>Bifidobacterium breve</i> .		
Dietary Fiber	<1 g	2%*	Vegetable Antioxidant Blend	2.03 g	**
Sugars	3 g	**	Carrot Root Powder, Beet Root Powder, Radish Root Powder, Purple Cabbage Leaf Powder, Japanese Knotweed Root Extract, Green Tea Leaf Extract, Ginger Root Powder, Turmeric Root Extract, Kale Leaf Powder, Kelp Powder, Chlorella Cracked Cell Wall Powder, Alfalfa Herb Powder, Spirulina Powder, Broccoli Head Powder.		
Vitamin C (as ascorbic acid)	99 mg	110%	Fiber Blend	1.73 g	**
Iron	0.43 mg	2%	Oat Bran Powder, Apple Fruit Powder, Aloe Vera Leaf Powder, Prune Fruit Extract.		
Sodium	50 mg	2%	Other Ingredients: Luo Han Guo Fruit (Monk Fruit) Extract, Natural Flavors, Citric Acid.		
SuperFruitox Antioxidant Blend	2.92 g	**	Directions: Mix 1 scoop in 8 fluid ounces of chilled water daily or as directed by your healthcare practitioner.		
Raspberry Fruit Extract, Black Raspberry Fruit Powder, Blackberry Fruit Powder, Papaya Fruit Powder, Plum Fruit Powder, Strawberry Fruit Powder, Cranberry Fruit Powder, Kiwi Fruit Powder, Watermelon Fruit Powder, Pomegranate Fruit Extract, Quercetin Dihydrate, Grape Seed Extract, Blueberry Leaf Extract, Acerola Berry Powder, Bilberry Fruit Extract, Black Cherry Fruit Extract, Organic Acai Berry Powder, Organic Pomegranate Fruit Powder, Organic Raspberry Fruit Powder, Bromelain, Organic Bilberry Fruit Powder, Organic Blueberry Fruit Powder, Lycium (Goji) Berry Powder, Mangosteen Fruit Powder, Noni Fruit Powder.			Caution: If pregnant, nursing, or taking medication, consult your healthcare practitioner before use.		

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For more information, visit: www.nutridyn.com